

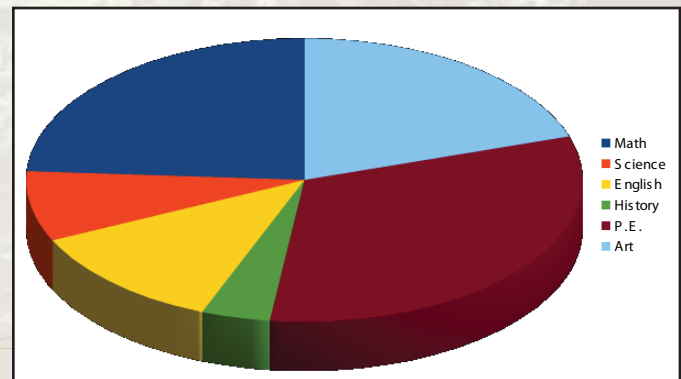
BEAR CREEK ACADEMY

Fall 2018

What's Your Favorite Subject? by David

My favorite subject is physical education. The first reason why P.E. is the best is you can exercise and work out. Some of the things we do are push ups, running, wall sits, planks, burpees, weight training, pull-ups, and squats. Since we have been working out I've been getting better at chin-ups. The second reason I love P.E. is the fun activities. We play soccer, Hungry Hippos, scooters, kickball, and volleyball. Hungry Hippos was exciting to play. It was very challenging. The last reason P.E. is fantastic is because it's healthy for your brain and body. Some of the good things are that it gets your heart rate up, burns calories, gain muscles, gets out energy and helps flexibility. It keeps me focused in class.

I gave a survey to students and staff. These are the results I got back. P.E. is the most popular subject.



Staff Appreciation Quotes

When given a survey on the topic of staff appreciation, students, counselors, and teachers responded with:

Mrs. Butler:

"She's very nice and helpful in stressful situations and shes very caring and treats us like family"

Mr. Paulin:

"He's always straightforward"

Mrs. Ferguson:

"Wont ever let me quit"

Mr. Montano:

"Uneneding patience"

Mrs. Martin:

"Is a really nice and caring person"

Ms. Dougherty:

"Making it easy to get to know her"

Mr. Vaden:

"HE IS THE KING"

"He's positive, funny, and enjoyable"

Mr. Lake:

"He's smart and really kind. He can be strict sometimes but fair at the same time"

"He's always been there when I need him"

Ms. Brown:

"Always there for you when you need help"

"Putting up with us when we are sick, tired, grumpy, not wanting to give up our phone, and sometimes not polite"

Mr. Whiley:

"Great teaching skills"

"Always has fun facts and is knowledgeable"

What's In Your Bag? by David, Korbyn, & Mrs. Ferguson

There are many items to choose from when thinking about preparing your bag for school. Of course there are the essentials: books, paper, pens, pencils, and folders. However, after that, what's in your bag is entirely up to you! When a few students were polled about the contents of their book bags, they identified these extra components.

- Belt- just in case
- Extra change of clothes- after those sweaty days in the gym
- Colored pens or sharpies- for art
- A deck of cards- for break time
- Fidget spinner
- BCA planner/agenda- to keep up with important dates and homework
- Homework and homework folder
- Deodorant
- Cell phone
- Gum
- Glasses
- Pins- decoration
- Money- for snacks
- Headphones
- Books for free reading



Looks like they are prepared for anything!

Staff Spotlight: Our Chef de Cuisine, Jordan Whiley

When I transitioned to Bear Creek Academy from another therapeutic program in Virginia, I wasn't sure what to expect in terms of food. As a teacher, sustenance is inconsistent at best. Sometimes you have breaks for lunch, sometimes you don't. Food can rank pretty low on the priority list when you are working with students that need support throughout the day. In my experience, Bear Creek is an anomaly. Offering a fresh salad bar and rotating fruit options daily, this lunch in its entirety is not something you come to expect from many educational settings. In fact, Bear Creek's lunch program is completely and utterly unexpected. Led by Jordan Whiley, one of our esteemed administrators and founders, the kitchen turns out exceptional hot dishes on Tuesdays and Thursdays. Not to be repeated, Mr. Whiley consistently astounds students and teachers alike with his creative and healthy portions of delicious cuisine. Themes that have been used include Veganuary (vegan entrees for all of January), a tour of the Continents and ethnic fusions, and elevated student-driven menu items.



Students are enrolled in Food Service class with Mr. Whiley and learn a variety of skills, from preparing the salad bar to creating hot dishes from start to finish. All students look forward to Tuesdays and Thursdays and anxiously await what menu item will be front and center. Most of us will agree that kids can be picky eaters, but more often than not they are going back for seconds. Mr. Whiley is really quite the multi-talent. Not only is he the head chef in our Bear Creek kitchen, he also teaches multiple different courses, including Biology, coaches the Mountain Biking Team, maintains the IT infrastructure, and performs administrative day to day tasks. We are more than lucky to have him and his commitment and positive contribution to the program.